Tuesday, September 3, 2024

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, September 3 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

Registration is required

Stay and Play

Date and Time: Tuesday, September 3 10:00 am - 12:00 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Each week, Courtney will set out a variety of toys and activities geared towards children aged 6 months-4 years

Stay and Play is meant to encourage play-based learning which is when children learn by pursuing their own int erests. Benefits of play-based learning include the promotion of language and social skills, foundations for life long learning, improved creativity, and overall education.

Adult Storytime

Date and Time: Tuesday, September 3 10:45 am

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Welcome to Adult Storytime, a group that meets every Tuesday at the Bruce Johnston Branch. Geared towards individuals who have physical and/or developmental disabilities. Adult Storytime provides individuals with an opportunity to get out into the community and socialize with a variety of people.

At the Bruce Johnston Branch, they are currently reading "The Boundless" by Kenneth Oppel.

Throughout reading, Courtney asks questions to invite discussion surrounding the main points and themes of the novel, as well as personal experiences. Art supplies and books/magazines are provided to keep hands busy while the story is being read.

Coffee and Conversation

Date and Time: Tuesday, September 3 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Overlook Room

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, September 3 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Regular Council Meeting

Date and Time: Tuesday, September 3 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1 G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal O ffice at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the sa me hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meeting s can be accessed in the <u>Council Calendar</u>. To access these, just click on the date for the meeting you are search ing for to find the relevant documents.

You can also access the agendas, minutes, livestreams, and video recordings for various Committees in the cale ndar.

Livestreams and recordings of all Council and Committee meetings can be accessed at the Township's YouTube -https://www.youtube.com/@townshipofcavanmonaghan7743

Regular Council Meeting

Date and Time: Tuesday, September 3 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1 G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal O ffice at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the sa me hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meeting s can be accessed in the <u>Council Calendar</u>. To access these, just click on the date for the meeting you are search ing for to find the relevant documents.

You can also access the agendas, minutes, livestreams, and video recordings for various Committees in the cale ndar.

Livestreams and recordings of all Council and Committee meetings can be accessed at the Township's YouTube -https://www.youtube.com/@townshipofcavanmonaghan7743

Public Skating

Date and Time: Tuesday, September 3 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Wednesday, September 4, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, September 4 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the P ublic Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the <u>Clear Bag Program</u> which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, September 4 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON LOA 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, September 4 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimat ely reducing the risk of future falling.

Community Care: Cardio and Weights

Date and Time: Wednesday, September 4 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Thursday, September 5, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Thursday, September 5 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Registration Required

Millbrook Community Care - Tai Chi

Date and Time: Thursday, September 5 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Friday, September 6, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, September 6 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the <u>Clear Bag Program</u> which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, September 6 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

Fun low-impact cardio dance moves designed for older adults.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, September 6 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, September 6 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Sunday, September 8, 2024

Millbrook Farmers Market

Date and Time: Sunday, September 8 10:00 am - 1:00 pm

Address: Millbrook/South Cavan Public School: 47 Tupper St. Millbrook, ON

Millbrook Ontario Farmers Market is a community hub and a meeting place. Bringing together local growers, a rtisans, bakers and prepared food makers to provide our community with the best that Ontario has to offer.

Public Skating

Date and Time: Sunday, September 8 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON L0A 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, September 9, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Monday, September 9 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Community Care Fitness Programs

Registration Required

Parent and Tot Skating (Up to 6 yrs of age)

Date and Time: Monday, September 9 10:00 am - 11:00 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

Please Note, regular skating schedules will be replaced with Holiday and March Break skate schedules. Please r efer to the website for scheduling updates and cancellations.

Special Council Meeting: Corporate Strategic Plan - Council Workshop 1

Date and Time: Monday, September 9 10:00 am - 4:00 pm

Address: Cavan Monaghan Municipal Office - 988 County Road 10, Millbrook, ON LOA 1G0

The Township has engaged Town Hall Consulting to guide them through a Strategic Planning Process. This is a seven phase project that will require consultation with staff, Council and residents.

This is the first of two in-person Council Workshops.

- Workshop 1: Mission, Vision, Values, SWOT
- Workshop 2: Strategic Priorities

Workshops are open to the public but will not be livestreamed.

External community engagement will take place throughout the month of October.

Millbrook Community Care - Tai Chi

Date and Time: Monday, September 9 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Community Care - Bid Euchre

Date and Time: Monday, September 9 1:00 pm

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Program

Tuesday, September 10, 2024

Stay and Play

Date and Time: Tuesday, September 10 10:00 am - 12:00 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Each week, Courtney will set out a variety of toys and activities geared towards children aged 6 months-4 years

Stay and Play is meant to encourage play-based learning which is when children learn by pursuing their own int erests. Benefits of play-based learning include the promotion of language and social skills, foundations for life long learning, improved creativity, and overall education.

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, September 10 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

Registration is required

Coffee and Conversation

Date and Time: Tuesday, September 10 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Overlook Ro

om

Community Care presents Coffee and Conversation

Adult Storytime

Date and Time: Tuesday, September 10 10:45 am

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Welcome to Adult Storytime, a group that meets every Tuesday at the Bruce Johnston Branch. Geared towards individuals who have physical and/or developmental disabilities. Adult Storytime provides individuals with an opportunity to get out into the community and socialize with a variety of people.

At the Bruce Johnston Branch, they are currently reading "The Boundless" by Kenneth Oppel.

Throughout reading, Courtney asks questions to invite discussion surrounding the main points and themes of the novel, as well as personal experiences. Art supplies and books/magazines are provided to keep hands busy while the story is being read.

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, September 10 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON LOA 1G0

Community Care Program

Scrapbooking Group

Date and Time: Tuesday, September 10 3:00 pm - 7:00 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Join us once per month for a space to get your scrapbooking done. Get inspired and chat with like-minded peop le while brainstorming template ideas.

Tables will be set up with a variety of craft supplies (coloured paper, stickers, decorative paper edge scissors, et c.) Please bring your own scrapbook and pictures as well as anything specific that your would like to use.

Although this activity is geared towards adults, kids are more than welcome to join as well.

Coffee and Conversation

Date and Time: Tuesday, September 10 5:00 pm - 6:00 pm

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

Come to the Millbrook branch on the 2nd and 4th Tuesday of the month from 5:00-6:00 p.m.

Participate in interesting conversations geared to help newcomers to Canada practice their English and make connections in the community. And enjoy a cup of decaf coffee (or tea)!

Toonie Tuesday Movie: "Anatomy of Fall"

Date and Time: Tuesday, September 10 6:30 pm

Address: Cavan Monaghan Library Millbrook Branch Old Millbrook School 1 Dufferin Street, Millbrook, ON L0A 1G0

"Anatomy of Fall" A woman is suspected of murder after her husband's death; their half-blind son faces a moral dilemma as the main witness.

Please note: Movies are subject to change at the last minute. Please contact the Millbrook Branch for informati on about what movie is being featured.

*Seating is limited to 25 chairs

Wednesday, September 11, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, September 11 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the P ublic Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the <u>Clear Bag Program</u> which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, September 11 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, September 11 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimat ely reducing the risk of future falling.

Community Care: Cardio and Weights

Date and Time: Wednesday, September 11 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON LOA 1G0

Cardio and Weights program

Junior Explorers

Date and Time: Wednesday, September 11 11:15 am

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON L0A 1G0

On Wednesday mornings, join us for Junior Explorers! Junior Explorers is aimed towards children aged 1-6 and encourages exploration in a fun and playful way.

Each week, there will be a variety of activities geared towards learning new things and experimenting with new smells, sounds, and textures.

Thursday, September 12, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Thursday, September 12 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Community Care Fitness Programs

Registration Required

Junior Scientists

Date and Time: Thursday, September 12 10:15 am

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Thursday mornings are for fun and interesting science experiements/activities. Join Library Staff at the Bruce J ohnston Branch to ask questions and learn why things happen the way they do.

Millbrook Community Care - Tai Chi

Date and Time: Thursday, September 12 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Community Care Fitness Programs

Friday, September 13, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, September 13 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the <u>Clear Bag Program</u> which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, September 13 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

Fun low-impact cardio dance moves designed for older adults.

Junior Bakers

Date and Time: Friday, September 13 11:15 am

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON L0A 1G0

On Friday mornings, join us for Junior Bakers! We will be making simple recipes that can be made with a micr owave, griddle, blender, or just by mixing a few ingredients together.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, September 13 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON LOA 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, September 13 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

All ages welcomed.

• Child and youth (12 yrs and under) \$2.00/person

• Adults \$3.00/person

• Family \$10.00 maximum 5 people with

• 1 paying adult

Harvest Table Dinner

Date and Time: Friday, September 13 5:00 pm - 9:00 pm

Address: 4 Needler's Lane by the Pond; Millbrook, ON LOA 1G0

Celebrate our rural heritage with fresh air, music and good food at a table under the stars.

\$80/person which includes a full course dinner provided by SKH Catering, live music and dancing and great prizes!

Tickets available online at: https://www.eventbrite.ca/e/1004687837367?aff=oddtdtcreator

or at the Township Office or the Cavan Monaghan Community Centre.

Special thanks to all of our Sponsors:

Platinum Sponsors





Gold Sponsors

- Frontop Engineering
- Cambium Engineering
- Cham Shan Temple

Silver Sponsors

Valdor Engineering

- Veltri and Son Ltd.
- Mortlock Construction
- Bromont Homes
- Pristine Homes

Saturday, September 14, 2024

Community Care Event: Annual Advantage Charity Golf Tournament

Date and Time: Saturday, September 14 9:00 am

Address: Baxter Creek Golf Club - 1702 Cedar Valley Road, Fraserville ON, K0L 1V0

Includes 18 holes, power cart, BBQ lunch, prize table, and Hole in One competition.

\$125 - Per Golfer.

All proceeds support Community Care in Millbrook.

Sunday, September 15, 2024

Public Skating

Date and Time: Sunday, September 15 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON LOA 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, September 16, 2024

Special Council Meeting: Educational Workshop

Date and Time: Monday, September 16 9:00 am - 12:00 pm

Address: Cavan Monaghan Municipal Office - 988 County Road 10, Millbrook, ON LOA 1G0

The Township has engaged Landscape Planning Ltd. to develop a concept plan and site plan for the Downtown Park and remaining lands at the Cavan Monaghan Community Centre. This is a six phase project that will requi

re consultation with staff, Council and residents.

Workshops are open to the public but will not be livestreamed.

External community engagement will take place throughout the month of October.

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Monday, September 16 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Registration Required

Parent and Tot Skating (Up to 6 yrs of age)

Date and Time: Monday, September 16 10:00 am - 11:00 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Please Note, regular skating schedules will be replaced with Holiday and March Break skate schedules. Please r efer to the website for scheduling updates and cancellations.

Millbrook Community Care - Tai Chi

Date and Time: Monday, September 16 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Community Care Fitness Programs

Regular Council Meeting

Date and Time: Monday, September 16 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1 G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal O ffice at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the sa me hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meeting s can be accessed in the <u>Council Calendar</u>. To access these, just click on the date for the meeting you are search ing for to find the relevant documents.

You can also access the agendas, minutes, livestreams, and video recordings for various Committees in the cale ndar.

Livestreams and recordings of all Council and Committee meetings can be accessed at the Township's YouTube -https://www.youtube.com/@townshipofcavanmonaghan7743

Community Care - Bid Euchre

Date and Time: Monday, September 16 1:00 pm

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Program

Regular Council Meeting

Date and Time: Monday, September 16 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1

G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal O ffice at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the sa me hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meeting s can be accessed in the <u>Council Calendar</u>. To access these, just click on the date for the meeting you are search ing for to find the relevant documents.

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Livestreams and recordings of all Council and Committee meetings can be accessed at the Township's YouTube -https://www.youtube.com/@townshipofcavanmonaghan7743

Tuesday, September 17, 2024

Stay and Play

Date and Time: Tuesday, September 17 10:00 am - 12:00 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Each week, Courtney will set out a variety of toys and activities geared towards children aged 6 months-4 years

Stay and Play is meant to encourage play-based learning which is when children learn by pursuing their own int erests. Benefits of play-based learning include the promotion of language and social skills, foundations for life long learning, improved creativity, and overall education.

Special Council Meeting: Corporate Strategic Plan - Council Workshop 2

Date and Time: Tuesday, September 17 10:00 am - 4:00 pm

Address: Cavan Monaghan Municipal Office - 988 County Road 10, Millbrook, ON L0A 1G0

The Township has engaged Town Hall Consulting to guide them through a Strategic Planning Process. This is a seven phase project that will require consultation with staff, Council and residents.

This is the second of two in-person Council Workshops.

- Workshop 1: Mission, Vision, Values, SWOT
- Workshop 2: Strategic Priorities

Workshops are open to the public but will not be livestreamed.

External community engagement will take place throughout the month of October.

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, September 17 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

Registration is required

Coffee and Conversation

Date and Time: Tuesday, September 17 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Overlook Ro

om

Community Care presents Coffee and Conversation

Adult Storytime

Date and Time: Tuesday, September 17 10:45 am

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Welcome to Adult Storytime, a group that meets every Tuesday at the Bruce Johnston Branch. Geared towards individuals who have physical and/or developmental disabilities. Adult Storytime provides individuals with an opportunity to get out into the community and socialize with a variety of people.

At the Bruce Johnston Branch, they are currently reading "The Boundless" by Kenneth Oppel.

Throughout reading, Courtney asks questions to invite discussion surrounding the main points and themes of the novel, as well as personal experiences. Art supplies and books/magazines are provided to keep hands busy while the story is being read.

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, September 17 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Tween/Teen Hatha Yoga

Date and Time: Tuesday, September 17 4:30 pm - 5:30 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Join Bonnie as she walks us through a Hatha Yoga practice!

We will be focusing on a fun and simple flow to connect our mind, body, and breath. The goal of our Hatha pra ctice is to release stress and create joy.

Please pre-register.

Please bring a yoga mat or towel to lay on.

Wednesday, September 18, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, September 18 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the P ublic Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the Clear Bag Program which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, September 18 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON LOA 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, September 18 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimat ely reducing the risk of future falling.

Community Care: Cardio and Weights

Date and Time: Wednesday, September 18 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON LOA 1G0

Cardio and Weights program

Junior Explorers

Date and Time: Wednesday, September 18 11:15 am

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

On Wednesday mornings, join us for Junior Explorers! Junior Explorers is aimed towards children aged 1-6 and encourages exploration in a fun and playful way.

Each week, there will be a variety of activities geared towards learning new things and experimenting with new smells, sounds, and textures.

Thursday, September 19, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Thursday, September 19 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Registration Required

Junior Scientists

Date and Time: Thursday, September 19 10:15 am

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Thursday mornings are for fun and interesting science experiements/activities. Join Library Staff at the Bruce J ohnston Branch to ask questions and learn why things happen the way they do.

Millbrook Community Care - Tai Chi

Date and Time: Thursday, September 19 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Friday, September 20, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, September 20 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the <u>Clear Bag Program</u> which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, September 20 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Junior Bakers

Date and Time: Friday, September 20 11:15 am

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

On Friday mornings, join us for Junior Bakers! We will be making simple recipes that can be made with a micr owave, griddle, blender, or just by mixing a few ingredients together.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, September 20 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON LOA 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, September 20 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Saturday, September 21, 2024

Community Crafters - Bruce Johnston Branch

Date and Time: Saturday, September 21 11:00 am - 1:00 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Let's learn how to crochet! Join Kimberley as she teaches us how to make a spa cloth using a single crochet stit ch.

*All supplies will be provided by the library, although if you have a 5mm crochet hook, please bring it with you *

Cook and Tell Club

Date and Time: Saturday, September 21 1:30 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Our theme for September is something green!

If anyone has any green veggies leftover from their garden, now is the time to use them. Make a healthy green s moothie for everyone to try (one that actually tastes good!) or try your hand at making a dessert that has green f ood colouring.

Need inspiration? Stop by either branch and check out a cookbook or cooking/baking magazine today.

"Please bring a copy of your recipe so that anyone who likes your dish can get a photocopy.*

Peterborough Petes Pre-Season Game

Date and Time: Saturday, September 21 7:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Come watch the Peterborough Petes take on the Guelph Storm as part of the Pre-Season Action!

Support Millbrook Minor Hockey.

Tickets available at:

- Millbrook Home Hardware 705-932-2761
- The Shack Pro Shop
- Imprinted Apparel 705-749-1136

Sunday, September 22, 2024

Millbrook Farmers Market

Date and Time: Sunday, September 22 10:00 am - 1:00 pm

Address: Millbrook/South Cavan Public School: 47 Tupper St. Millbrook, ON

Millbrook Ontario Farmers Market is a community hub and a meeting place. Bringing together local growers, a rtisans, bakers and prepared food makers to provide our community with the best that Ontario has to offer.

Public Skating

Date and Time: Sunday, September 22 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON L0A 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, September 23, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Monday, September 23 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Community Care Fitness Programs

Registration Required

Parent and Tot Skating (Up to 6 yrs of age)

Date and Time: Monday, September 23 10:00 am - 11:00 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

Please Note, regular skating schedules will be replaced with Holiday and March Break skate schedules. Please r efer to the website for scheduling updates and cancellations.

Millbrook Community Care - Tai Chi

Date and Time: Monday, September 23 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Community Care - Bid Euchre

Date and Time: Monday, September 23 1:00 pm

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Community Care Program

Tuesday, September 24, 2024

Stay and Play

Date and Time: Tuesday, September 24 10:00 am - 12:00 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Each week, Courtney will set out a variety of toys and activities geared towards children aged 6 months-4 years

Stay and Play is meant to encourage play-based learning which is when children learn by pursuing their own int erests. Benefits of play-based learning include the promotion of language and social skills, foundations for life long learning, improved creativity, and overall education.

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, September 24 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

Registration is required

Coffee and Conversation

Date and Time: Tuesday, September 24 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0 - Overlook Ro

om

Community Care presents Coffee and Conversation

Adult Storytime

Date and Time: Tuesday, September 24 10:45 am

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Welcome to Adult Storytime, a group that meets every Tuesday at the Bruce Johnston Branch. Geared towards individuals who have physical and/or developmental disabilities. Adult Storytime provides individuals with an opportunity to get out into the community and socialize with a variety of people.

At the Bruce Johnston Branch, they are currently reading "The Boundless" by Kenneth Oppel.

Throughout reading, Courtney asks questions to invite discussion surrounding the main points and themes of the novel, as well as personal experiences. Art supplies and books/magazines are provided to keep hands busy while the story is being read.

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, September 24 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON LOA 1G0

Community Care Program

The Knotty Knitters - Cavan Monaghan Libraries

Date and Time: Tuesday, September 24 3:00 pm - 7:00 pm

Address: Cavan Monaghan Library Bruce Johnston Branch 2199 Davis Road, Cavan Monaghan, ON K9J 0G5

You do not have to be a knitter to join! Bring whatever project that you are working on and socialize with other crafty people. All abilities are welcome.

The Knotty Knitters - Cavan Monaghan Libraries

Date and Time: Tuesday, September 24 3:00 pm - 7:00 pm

Address: Cavan Monaghan Library Bruce Johnston Branch 2199 Davis Road, Cavan Monaghan, ON K9J 0G5

You do not have to be a knitter to join! Bring whatever project that you are working on and socialize with other crafty people. All abilities are welcome.

Coffee and Conversation

Date and Time: Tuesday, September 24 5:00 pm - 6:00 pm

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

Come to the Millbrook branch on the 2nd and 4th Tuesday of the month from 5:00-6:00 p.m.

Participate in interesting conversations geared to help newcomers to Canada practice their English and make connections in the community. And enjoy a cup of decaf coffee (or tea)!

Wednesday, September 25, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, September 25 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the P ublic Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the <u>Clear Bag Program</u> which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, September 25 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON LOA 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, September 25 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimat ely reducing the risk of future falling.

Community Care: Cardio and Weights

Date and Time: Wednesday, September 25 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Junior Explorers

Date and Time: Wednesday, September 25 11:15 am

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON L0A 1G0

On Wednesday mornings, join us for Junior Explorers! Junior Explorers is aimed towards children aged 1-6 and encourages exploration in a fun and playful way.

Each week, there will be a variety of activities geared towards learning new things and experimenting with new smells, sounds, and textures.

Adult Book Club

Date and Time: Wednesday, September 25 3:00 pm

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

In September, we will be reading "Romantic Comedy" by Curtis Sittenfeld. A comedy writer thinks she's swor m off love until a dreamily handsome pop star flips the script on all of her assumptions. "Romantic Comedy" is a hilarious observant and deeply tender novel from New York Times best-selling author Curtis Sittenfeld.

Thursday, September 26, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Thursday, September 26 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON LOA 1G0

Community Care Fitness Programs

Registration Required

Junior Scientists

Date and Time: Thursday, September 26 10:15 am

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

Thursday mornings are for fun and interesting science experiements/activities. Join Library Staff at the Bruce J ohnston Branch to ask questions and learn why things happen the way they do.

Millbrook Community Care - Tai Chi

Date and Time: Thursday, September 26 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Adult Book Club

Date and Time: Thursday, September 26 3:00 pm

Address: Cavan Monaghan Libraries; Bruce Johnston Branch; 2199 Davis Road, Cavan Monaghan ON

In September, we will be reading "Romantic Comedy" by Curtis Sittenfeld. A comedy writer thinks she's swor m off love until a dreamily handsome pop star flips the script on all of her assumptions. "Romantic Comedy" is a hilarious observant and deeply tender novel from New York Times best-selling author Curtis Sittenfeld.

Friday, September 27, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, September 27 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

North Monaghan collection takes place on Wednesday's.

• Millbrook and Cavan collection takes place on Friday's.

The Township follows the Clear Bag Program which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, September 27 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Reptile Visit

Date and Time: Friday, September 27 11:00 am - 11:30 am

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

GNP Reptile Rescue is coming to the Millbrook Branch on Friday, September 27th! Some of their reptiles include several different kinds of snakes, bearded dragons, a tortoise named Archie, and a Tegu named Tank.

There will be two sittings: 11:00 a.m. or 11:45 am. Please register for one sitting and include everyone who will be there.

Junior Bakers

Date and Time: Friday, September 27 11:15 am

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

On Friday mornings, join us for Junior Bakers! We will be making simple recipes that can be made with a micr owave, griddle, blender, or just by mixing a few ingredients together.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, September 27 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON LOA 1G0

Fun low-impact cardio dance moves designed for older adults.

Reptile Visit

Date and Time: Friday, September 27 11:45 am - 12:15 pm

Address: Cavan Monaghan Libraries - Millbrook Branch - 1 Dufferin Street, Millbrook, ON LOA 1G0

GNP Reptile Rescue is coming to the Millbrook Branch on Friday, September 27th! Some of their reptiles include several different kinds of snakes, bearded dragons, a tortoise named Archie, and a Tegu named Tank.

There will be two sittings: 11:00 a.m. or 11:45 am. Please register for one sitting and include everyone who will be there.

Public Skating

Date and Time: Friday, September 27 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Sunday, September 29, 2024

Public Skating

Date and Time: Sunday, September 29 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON L0A 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, September 30, 2024

Parent and Tot Skating (Up to 6 yrs of age)

Date and Time: Monday, September 30 10:00 am - 11:00 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON LOA 1G0

Please Note, regular skating schedules will be replaced with Holiday and March Break skate schedules. Please r efer to the website for scheduling updates and cancellations.