Saturday, October 4, 2025

Downtown Millbrook Fall Festival

Date and Time: Saturday, October 4 2:00 pm - 8:00 pm

Address: Downtown Millbrook; King Street, Millbrook ON L0A 1G0

The Millbrook Business Improvement Area is hosting a Fall Festival.

- Kids activities
- Circus performer
- Live Music
- Food and Beer Garden

Monday, October 6, 2025

Regular Council Meeting

Date and Time: Monday, October 6 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1 G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal O ffice at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the sa me hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meeting s can be accessed in the Council Calendar. To access these, just click on the date for the meeting you are search ing for to find the relevant documents.

You can also access the agendas, minutes, livestreams, and video recordings for various Committees in the cale ndar.

Livestreams and recordings of all Council and Committee meetings can be accessed at the Township's YouTube -https://www.youtube.com/@townshipofcavanmonaghan7743

Wednesday, October 8, 2025

Your Township. Your Team.

Date and Time: Wednesday, October 8 3:00 pm - 6:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Community

Come meet your Staff and Council.

Friday, October 10, 2025

Living a Healthy Life With Diabetes

Date and Time: Friday, October 10 1:00 pm - 3:30 pm

Address: Cavan Monaghan Libraries - Millbrook Branch. 1 Dufferin Street, Millbrook L0A 1G0

In collaboration with Cavan Monaghan Libraries - Millbrook Branch, The *Living a Healthy Life with Diabetes* is a free six week workshop series for anyone living with Diabetes, in particular with Type 2 or Pre-Diabetes.

Join us for this fun and interactive workshop series where you will learn skills and tools to better manage your diabetes. The group setting offers additional support as we all work towards our individual health goals. Caregi vers are welcome to register.

All participants will receive handouts and a "Living a Healthy Life With Chronic Conditions" resource book.

The session is 2 - 2.5 hours (including breaks) weekly for 6 weeks.

Attendance for all 6 sessions is required if possible.

Pre-registration is required as class size is limited.

Please call 1-866-971-5545 or follow the website link provided to register.

We are looking forward to meeting you!

Friday, October 17, 2025

Living a Healthy Life With Diabetes

Date and Time: Friday, October 17 1:00 pm - 3:30 pm

Address: Cavan Monaghan Libraries - Millbrook Branch. 1 Dufferin Street, Millbrook L0A 1G0

In collaboration with Cavan Monaghan Libraries - Millbrook Branch, The *Living a Healthy Life with Diabetes* is a free six week workshop series for anyone living with Diabetes, in particular with Type 2 or Pre-Diabetes.

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Attendance for all 6 sessions is required if possible.

Pre-registration is required as class size is limited.

Please call 1-866-971-5545 or follow the website link provided to register.

We are looking forward to meeting you!

Monday, October 20, 2025

Regular Council Meeting

Date and Time: Monday, October 20 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1 G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal O ffice at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the sa me hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meeting s can be accessed in the <u>Council Calendar</u>. To access these, just click on the date for the meeting you are search ing for to find the relevant documents.

You can also access the agendas, minutes, livestreams, and video recordings for various Committees in the cale ndar.

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Friday, October 24, 2025

Living a Healthy Life With Diabetes

Date and Time: Friday, October 24 1:00 pm - 3:30 pm

Address: Cavan Monaghan Libraries - Millbrook Branch. 1 Dufferin Street, Millbrook L0A 1G0

In collaboration with Cavan Monaghan Libraries - Millbrook Branch, The *Living a Healthy Life with Diabetes* is a free six week workshop series for anyone living with Diabetes, in particular with Type 2 or Pre-Diabetes.

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All participants will receive handouts and a "Living a Healthy Life With Chronic Conditions" resource book.

The session is 2 - 2.5 hours (including breaks) weekly for 6 weeks.

Attendance for all 6 sessions is required if possible.

Pre-registration is required as class size is limited.

Please call 1-866-971-5545 or follow the website link provided to register.

We are looking forward to meeting you!

Friday, October 31, 2025

Living a Healthy Life With Diabetes

Date and Time: Friday, October 31 1:00 pm - 3:30 pm

Address: Cavan Monaghan Libraries - Millbrook Branch. 1 Dufferin Street, Millbrook LOA 1G0

In collaboration with Cavan Monaghan Libraries - Millbrook Branch, The *Living a Healthy Life with Diabetes* is a free six week workshop series for anyone living with Diabetes, in particular with Type 2 or Pre-Diabetes.

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All participants will receive handouts and a "Living a Healthy Life With Chronic Conditions" resource book.

The session is 2 - 2.5 hours (including breaks) weekly for 6 weeks.

Attendance for all 6 sessions is required if possible.

Pre-registration is required as class size is limited.

Please call 1-866-971-5545 or follow the website link provided to register.

We are looking forward to meeting you!