

Friday, November 1, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, November 1 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, November 1 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, November 1 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, November 1 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Sunday, November 3, 2024

Public Skating

Date and Time: Sunday, November 3 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON L0A 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, November 4, 2024

November Leaf and Yard Curbside Collection

Date and Time: Monday, November 4 7:00 am

Address: Cavan Monaghan Township

Leaf and brush curbside collection is scheduled for the week of November 4th and the 18th.

No Plastic Bags Please.

Yard waste in reusable bins will be accepted along with brown paper bags as long as there is no mixed garbage with it.

Please have brush bundled in 3 foot lengths and leaves in paper leaf bags to the curb by Monday at 7am.

Collection may occur any day during the week.

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Monday, November 4 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

*****Registration Required*****

Parent and Tot Skating (Up to 6 yrs of age)

Date and Time: Monday, November 4 10:00 am - 11:00 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Please Note, regular skating schedules will be replaced with Holiday and March Break skate schedules. Please refer to the website for scheduling updates and cancellations.

Millbrook Community Care - Tai Chi

Date and Time: Monday, November 4 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

****Registration Required****

Community Care - Bid Euchre

Date and Time: Monday, November 4 1:00 pm

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Program

Regular Council Meeting

Date and Time: Monday, November 4 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal Office at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the same hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meetings can be accessed in the [Council Calendar](#). To access these, just click on the date for the meeting you are searching for to find the relevant documents.

You can also access the agendas, minutes, livestreams, and video recordings for various Committees in the calendar.

Livestreams and recordings of all Council and Committee meetings can be accessed at the Township's YouTube [-https://www.youtube.com/@townshipofcavanmonaghan7743](https://www.youtube.com/@townshipofcavanmonaghan7743)

Regular Council Meeting

Date and Time: Monday, November 4 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal Office at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the same hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meetings can be accessed in the [Council Calendar](#) . To access these, just click on the date for the meeting you are searching for to find the relevant documents.

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Tuesday, November 5, 2024

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, November 5 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

*****Registration is required*****

Coffee and Conversation

Date and Time: Tuesday, November 5 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Overlook Room

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 5 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Wednesday, November 6, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, November 6 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 6 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 6 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 6 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Thursday, November 7, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Thursday, November 7 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

*****Registration Required*****

Millbrook Community Care - Tai Chi

Date and Time: Thursday, November 7 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Friday, November 8, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, November 8 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, November 8 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, November 8 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, November 8 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Sunday, November 10, 2024

Public Skating

Date and Time: Sunday, November 10 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON L0A 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, November 11, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Monday, November 11 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

*****Registration Required*****

Parent and Tot Skating (Up to 6 yrs of age)

Date and Time: Monday, November 11 10:00 am - 11:00 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Please Note, regular skating schedules will be replaced with Holiday and March Break skate schedules. Please refer to the website for scheduling updates and cancellations.

Millbrook Community Care - Tai Chi

Date and Time: Monday, November 11 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

****Registration Required****

Millbrook Legion Remembrance Day Ceremonies

Date and Time: Monday, November 11 10:45 am

Address: Millbrook Cenotaph - 1 King Street East, Millbrook, ON

The Millbrook Royal Canadian Legion will be conducting their annual Millbrook Cenotaph Service on Monday November 11th, at 10:45 a.m.

Community Care - Bid Euchre

Date and Time: Monday, November 11 1:00 pm

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Program

Tuesday, November 12, 2024

Coffee and Conversation

Date and Time: Tuesday, November 12 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Overlook Room

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 12 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Wednesday, November 13, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, November 13 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

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- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 13 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 13 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 13 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Thursday, November 14, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Thursday, November 14 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

*****Registration Required*****

Millbrook Community Care - Tai Chi

Date and Time: Thursday, November 14 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Friday, November 15, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, November 15 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, November 15 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, November 15 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, November 15 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Sunday, November 17, 2024

Public Skating

Date and Time: Sunday, November 17 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON L0A 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, November 18, 2024

November Leaf and Yard Curbside Collection

Date and Time: Monday, November 18 7:00 am

Address: Cavan Monaghan Township

Leaf and brush curbside collection is scheduled for the week of November 4th and the 18th.

No Plastic Bags Please.

Yard waste in reusable bins will be accepted along with brown paper bags as long as there is no mixed garbage with it.

Please have brush bundled in 3 foot lengths and leaves in paper leaf bags to the curb by Monday at 7am.

Collection may occur any day during the week.

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Monday, November 18 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

*****Registration Required*****

Parent and Tot Skating (Up to 6 yrs of age)

Date and Time: Monday, November 18 10:00 am - 11:00 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Please Note, regular skating schedules will be replaced with Holiday and March Break skate schedules. Please refer to the website for scheduling updates and cancellations.

Millbrook Community Care - Tai Chi

Date and Time: Monday, November 18 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

****Registration Required****

Community Care - Bid Euchre

Date and Time: Monday, November 18 1:00 pm

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Regular Council Meeting

Date and Time: Monday, November 18 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1G0

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Regular Council Meeting

Date and Time: Monday, November 18 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1G0

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Tuesday, November 19, 2024

Coffee and Conversation

Date and Time: Tuesday, November 19 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Overlook Room

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 19 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Open House - Downtown Park and CMCC Lands

Date and Time: Tuesday, November 19 4:00 pm - 7:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Landscape Planning Architects will be presenting some conceptual drawings for the Downtown Park and the remaining lands at the Cavan Monaghan Community Centre.

Designs will be available to view online after the Open House at www.connectcavanmonaghan.net.

Open House - Downtown Park and CMCC Lands

Date and Time: Tuesday, November 19 4:00 pm - 7:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Landscape Planning Architects will be presenting some conceptual drawings for the Downtown Park and the remaining lands at the Cavan Monaghan Community Centre.

Designs will be available to view online after the Open House at www.connectcavanmonaghan.net.

Wednesday, November 20, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, November 20 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

- North Monaghan collection takes place on Wednesday's.
- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 20 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 20 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 20 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Thursday, November 21, 2024

Special Budget Meeting

Date and Time: Thursday, November 21 9:00 am - 3:00 pm

Address: Cavan Monaghan Municipal Office - 988 County Road 10, Millbrook, ON L0A 1G0

Staff will present the 1st draft of the 2025 Operating and Capital budgets.

All meetings are livestreamed to the Township's YouTube Channel.

Regular Council Meeting

Date and Time: Thursday, November 21 9:00 am - 12:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1G0

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Friday, November 22, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, November 22 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

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- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, November 22 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, November 22 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, November 22 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Sunday, November 24, 2024

Public Skating

Date and Time: Sunday, November 24 1:00 pm - 2:00 pm

Address: Cavan Monaghan Community Centre, 986 County Road 10, Millbrook, ON L0A 1G0

All ages Public Skate

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

Monday, November 25, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Monday, November 25 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

*****Registration Required*****

Millbrook Community Care - Tai Chi

Date and Time: Monday, November 25 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

****Registration Required****

Community Care - Bid Euchre

Date and Time: Monday, November 25 1:00 pm

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Program

911 on Local Healthcare - Town Hall Meeting

Date and Time: Monday, November 25 7:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Join Peterborough County and the Township for an in-person public meeting.

- Meet our Health Care Advancement Coordinator
- Keep up to date on current advocacy efforts
- Learn about the Healthcare Needs Assessment and the Healthcare Ambassador program
- Access Peterborough County's healthcare resource guide
- Learn how you can help attract physicians to our community.

Tuesday, November 26, 2024

Coffee and Conversation

Date and Time: Tuesday, November 26 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0 - Overlook Room

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 26 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Wednesday, November 27, 2024

Curbside Collection - North Monaghan Ward

Date and Time: Wednesday, November 27 7:00 am

Address: North Monaghan Ward

Curbside collection is a service provided to residents for household waste disposal. Please have your household waste curbside by 7:00 a.m. on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

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The Township follows the [Clear Bag Program](#) which started in 2020.

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 27 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 27 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 27 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Thursday, November 28, 2024

Millbrook Community Care - Tai Chi - Beginner

Date and Time: Thursday, November 28 9:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

*****Registration Required*****

Millbrook Community Care - Tai Chi

Date and Time: Thursday, November 28 10:30 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Community Care Fitness Programs

Friday, November 29, 2024

Curbside Collection - Millbrook and Cavan Wards

Date and Time: Friday, November 29 7:00 am

Address: Millbrook and Cavan Wards

Curbside collection is a service provided to residents for household waste disposal. **Please have your household waste curbside by 7:00 a.m.** on the ward specified day (see below). There is a two (2) bag limit for residential addresses and four (4) bag limit for commercial zoned addresses. If you have any questions please contact the Public Works Department.

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- Millbrook and Cavan collection takes place on Friday's.

The Township follows the [Clear Bag Program](#) which started in 2020.

Millbrook Community Care - Zumba Gold

Date and Time: Friday, November 29 10:30 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Millbrook Community Care - Zumba Gold and Training

Date and Time: Friday, November 29 11:45 am

Address: Millbrook Manor - 2 Manor Drive, Millbrook, ON L0A 1G0

Fun low-impact cardio dance moves designed for older adults.

Public Skating

Date and Time: Friday, November 29 4:00 pm - 5:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

All ages welcomed.

- Child and youth (12 yrs and under) \$2.00/person
- Adults \$3.00/person
- Family \$10.00 maximum 5 people with
- 1 paying adult

<https://calendar.cavanmonaghan.net>