

Monday, November 3, 2025

Regular Council Meeting

Date and Time: Monday, November 3 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1G0

Meetings for the Township of Cavan Monaghan's Council are held on Mondays at 1:00 p.m. at the Municipal Office at 988 County Road 10 in Millbrook. If there is a Statutory or Civic Holiday, Council will meet at the same hour on the following day. The agendas, minutes, livestreams, and video recordings for all Council meetings can be accessed in the [Council Calendar](#). To access these, just click on the date for the meeting you are searching for to find the relevant documents.

You can also access the agendas, minutes, livestreams, and video recordings for various Committees in the calendar.

Livestreams and recordings of all Council and Committee meetings can be accessed at the Township's YouTube -<https://www.youtube.com/@townshipofcavanmonaghan7743>

Tuesday, November 4, 2025

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, November 4 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

*****Registration is required*****

Coffee and Conversation

Date and Time: Tuesday, November 4 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 4 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Peterborough Green Up - All about Heat Pumps

Date and Time: Tuesday, November 4 6:30 pm - 8:00 pm

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Learn how heat pumps can save Peterborough County residents money, improve home comfort, and reduce greenhouse gas emissions.

Wednesday, November 5, 2025

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 5 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Coffee and Conversation

Date and Time: Wednesday, November 5 9:45 am

Address: St. Thomas' Anglican Church, Parish Hall, 16 Centre St. Millbrook ON L0A 1G0

Community Care presents Coffee and Conversation

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 5 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 5 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Community Turkey Dinner: St Thomas' Anglican Church

Date and Time: Wednesday, November 5 4:30 pm - 6:30 pm

Address: St. Thomas' Anglican Church, Parish Hall, 16 Centre St. Millbrook ON L0A 1G0

Saint Thomas' Anglican Parish is hosting a Community Turkey Dinner at the Parish Hall at 16 Centre Street, Millbrook (One block west of Foodland).

Wednesday, November 5th

4.30 pm to 6.30 pm

No set charge: Freewill offering

Friday, November 7, 2025

Living a Healthy Life With Diabetes

Date and Time: Friday, November 7 1:00 pm - 3:30 pm

Address: Cavan Monaghan Libraries - Millbrook Branch. 1 Dufferin Street, Millbrook L0A 1G0

In collaboration with Cavan Monaghan Libraries - Millbrook Branch, The *Living a Healthy Life with Diabetes* is a free six week workshop series for anyone living with Diabetes, in particular with Type 2 or Pre-Diabetes.

Join us for this fun and interactive workshop series where you will learn skills and tools to better manage your diabetes. The group setting offers additional support as we all work towards our individual health goals. Caregivers are welcome to register.

All participants will receive handouts and a "Living a Healthy Life With Chronic Conditions" resource book.

The session is 2 - 2.5 hours (including breaks) weekly for 6 weeks.

Attendance for all 6 sessions is required if possible.

Pre-registration is required as class size is limited.

Please call 1-866-971-5545 or follow the website link provided to register.

We are looking forward to meeting you!

Saturday, November 8, 2025

Try Curling

Date and Time: Saturday, November 8 2:30 pm - 5:00 pm

Address: 2195 Lansdowne St W, Cavan Monaghan K9J0G5

Try Curling Event

November 8, 2025

2:30 pm

Location - Peterborough Curling Club, 2195 Lansdowne St W, Peterborough

Event Details -

Peterborough Curling Club invites you to come out to try curling, Saturday November 8th, 2:30 pm. No experience necessary! All curling equipment and instruction provided. You will need to bring clean shoes, a helmet if you would like one and your enthusiasm! In that great curling tradition, the bar will be open for a social time after. \$25 for non-curling club members. You must register for this event. To register, contact Kelli Casselman at marketing@peterboroughcurlingclub.ca

Tuesday, November 11, 2025

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, November 11 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

*****Registration is required*****

Coffee and Conversation

Date and Time: Tuesday, November 11 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 11 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Wednesday, November 12, 2025

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 12 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Coffee and Conversation

Date and Time: Wednesday, November 12 9:45 am

Address: St. Thomas' Anglican Church, Parish Hall, 16 Centre St. Millbrook ON L0A 1G0

Community Care presents Coffee and Conversation

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 12 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 12 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Friday, November 14, 2025

Living a Healthy Life With Diabetes

Date and Time: Friday, November 14 1:00 pm - 3:30 pm

Address: Cavan Monaghan Libraries - Millbrook Branch. 1 Dufferin Street, Millbrook L0A 1G0

In collaboration with Cavan Monaghan Libraries - Millbrook Branch, The *Living a Healthy Life with Diabetes* is a free six week workshop series for anyone living with Diabetes, in particular with Type 2 or Pre-Diabetes.

Join us for this fun and interactive workshop series where you will learn skills and tools to better manage your diabetes. The group setting offers additional support as we all work towards our individual health goals. Caregivers are welcome to register.

All participants will receive handouts and a "Living a Healthy Life With Chronic Conditions" resource book.

The session is 2 - 2.5 hours (including breaks) weekly for 6 weeks.

Attendance for all 6 sessions is required if possible.

Pre-registration is required as class size is limited.

Please call 1-866-971-5545 or follow the website link provided to register.

We are looking forward to meeting you!

Monday, November 17, 2025

Regular Council Meeting

Date and Time: Monday, November 17 1:00 pm - 4:00 pm

Address: Cavan Monaghan Municipal Office; Council Chambers; 988 County Road 10, Millbrook, ON L0A 1G0

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Tuesday, November 18, 2025

Understanding Food Labels

Date and Time: Tuesday, November 18 9:00 am - 10:00 am

Address: Online using Zoom

Join us for a FREE online interactive presentation. *Understanding Food Labels* is part of our Help With Your Health series on a variety of health topics.

In this presentation we will discuss our food buying habits, how marketing can influence us, and how to use the food label to make better choices for our specific health conditions.

This presentation is offered using the Zoom platform. The link to join will be emailed 24 hours prior to the start date.

Pre-registration is required by calling: 1-866-971-5545 or by clicking on the link provided.

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, November 18 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

*****Registration is required*****

Coffee and Conversation

Date and Time: Tuesday, November 18 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 18 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Wednesday, November 19, 2025

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 19 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Coffee and Conversation

Date and Time: Wednesday, November 19 9:45 am

Address: St. Thomas' Anglican Church, Parish Hall, 16 Centre St. Millbrook ON L0A 1G0

Community Care presents Coffee and Conversation

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 19 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 19 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Tuesday, November 25, 2025

Millbrook Community Care - Line Dancing

Date and Time: Tuesday, November 25 10:00 am

Address: St. Thomas Anglican Church, 16 Centre Street, Millbrook, ON

Community Care Programming

*****Registration is required*****

Coffee and Conversation

Date and Time: Tuesday, November 25 10:45 am

Address: Cavan Monaghan Community Centre - 986 County Road 10, Millbrook, ON L0A 1G0

Community Care presents Coffee and Conversation

Community Care: Mat - Stretch and Strengthen

Date and Time: Tuesday, November 25 12:00 pm

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Program

Wednesday, November 26, 2025

Gentle Chair Stretch - Community Care Event

Date and Time: Wednesday, November 26 9:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Community Care Event

Coffee and Conversation

Date and Time: Wednesday, November 26 9:45 am

Address: St. Thomas' Anglican Church, Parish Hall, 16 Centre St. Millbrook ON L0A 1G0

Community Care presents Coffee and Conversation

Millbrook Community Care - Bodies in Balance

Date and Time: Wednesday, November 26 10:00 am

Address: St. Thomas Anglican Church Hall, 16 Centre Street, Millbrook, ON L0A 1G0

Strength, conditioning and balance exercises that will lead to improved overall balance and stability, and ultimately reducing the risk of future falling.

Community Care: Advanced Cardio and Weights

Date and Time: Wednesday, November 26 11:00 am

Address: St. Thomas' Anglican Church, 16 Centre St. Millbrook ON L0A 1G0

Cardio and Weights program

Saturday, November 29, 2025

Repair Cafe and Clothing Swap

Date and Time: Saturday, November 29 1:00 pm - 4:00 pm

Address: Lang Pioneer Village Museum - Agricultural Heritage Building, 146 N Lang Road, Keene, ON

- Clothing Drop Off - either to Lang Pioneer Village Museum or the Peterborough County Public Works building at 310 Armour Road in Peterborough
- Clothing Swap - bring some - take some **Free!**
- Repair Cafe - Bring broken small appliances, clothing or toys and a volunteer fixer will help you repair it.

<https://calendar.cavanmonaghan.net>